



*Food 4 Kids works to alleviate childhood hunger and promote literacy
on the Lower and Outer Cape by bringing together
The Church of the Holy Spirit (Episcopal) and local communities
to provide **free meals and free books**
for local children and teens in the summer when schools are out*

2026 Application to Deanery Grants - Sending Serving and House of Mercy

Ministry - Food 4 Kids

Congregation - The Church of the Holy Spirit

Address - 204 Monument Road, Orleans, MA 02653 | 508-255-0433 | office@chsorleans.org

Clergy Contact - Rev. Patrick Ward, pward@chsorleans.org

Grant Contact Person - Jenn Gale, Exec. Director, jenngale@food4kidscapecod.org, 719-640-3041

Matching Fund Source - CHS Outreach Committee

Program Mission Statement & Description

F4K works to alleviate childhood hunger and promote literacy on the Lower and Outer Cape by bringing together The Church of the Holy Spirit (Episcopal) and local communities to provide **free meals and free books for children and teens** in the summer when schools are out.

When the school year ends, the child nutrition safety net of free school breakfast and lunch ends, too. Food 4 Kids helps close this gap, providing summer access to free and nutritious meals for kids 18 and under. Our service area spans a 49-mile range, serving 90% local children where they are: town recreation programs, theatre camps, libraries, and playgrounds. Children do not need to be enrolled. Families can come to one of the many convenient locations and grab a meal to go. Food 4 Kids prioritizes welcoming everyone, without stigma, never denying anyone a free meal, adults nor children.

We operate out of The Church of the Holy Spirit in Orleans, Monday through Friday, for ten weeks during the summer. With the help of 130+ volunteers, we prepare, pack, and deliver breakfast, lunch, and morning/afternoon snacks for 400-800 kids each day. Our volunteers give about 2,000 hours each summer, equivalent to 5 full-time employees in a 10-week period!

Description of Need -

- 2025/2026 data from MA Department of Elementary and Secondary Education shows 34% of children attending Lower and Outer Cape schools qualify as low income.
- Feeding America data suggests between 26-39% of children on Cape Cod are food insecure, and 49% likely ineligible for federal nutrition programs because they make just over the income threshold.

The Church of the Holy Spirit, 204 Monument Rd., Orleans, MA 02653
info@food4kidscapecod.org <https://www.food4kidscapecod.org>

This institution is an equal opportunity provider

Program Goals and Objectives - Goals for 2026 include:

- Protect service quality and program culture: Drive efficiency and reduction of waste to reduce pressure in the system.
- Expand future capacity to serve: Establish and execute on a 2-year plan in place to establish a satellite kitchen at St. Christopher's Episcopal Church in Chatham.
- Continuous improvement of nutrient-dense meals.
- Focus on literacy: Expand the book program for all children at our cooperating sites.
- Diversify funding sources: Work toward less reliance on federal funding.

Proposed Evaluation Method -

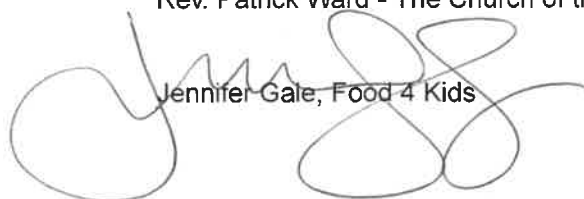
- 2025 Impact - 55,864 free meals served to children + 3,400 free books distributed in 49 service days. View the full 2025 Impact Report here: <https://www.food4kidscapecod.org/impact-report>
- Required by the USDA, Site Supervisors responsible for distributing meals, are trained on by Food 4 Kids each year. Food temperature must be taken and recorded before serving. If food does not temp appropriately, emergency food orders are placed. In addition, the USDA requires meal sites to be monitored twice each season by F4K leadership and reviewed by MA DESE every 3 years.
- Feedback on the quality of meals and books is verbally collected from meal site leaders and kids throughout the summer and digitally at the conclusion. F4K management is in continuous communication with meal sites to ensure timeliness of delivery, popularity of books, and address any issues. Using feedback, F4K adjusts menus, books, enrichment activities, communications, processes, and staff assignments.
- In 2025, F4K deployed a digital data collection process for meal counts, minimizing human error. Our data system enables the review of overall trends and specifics on a daily basis by meal site, serving, etc. to inform where greater efficiency will reduce waste. Using this data, we reduced leftovers from 12% in 2025 to 7% in 2026.

Grant Request - \$3,000

Budget - See attached

Signatures -


Rev. Patrick Ward - The Church of the Holy Spirit


Jennifer Gale, Food 4 Kids

Date
5/11/26
Date

Food 4 Kids 2025 Actual and Preliminary 2026 Budget

Calendar Year Jan 1 - Dec 31

As of 3/10/26

	2025 Actual	Preliminary 2026 Budget
Income	358,395	382,932
DESE Reimbursement	153,361	158,882
Grant Income	151,998	164,035
State (DESE/Project Bread)	21,501	22,560
Town Human Services	31,188	35,000
Other Local Grants	40,500	48,500
Faith Based	58,810	57,975
Community Sponsorships	13,508	15,000
Individual Donations	39,512	45,000
Interest	16	15
Expenses	356,848	380,700
Wages & Benefits	154,852	167,268
Administrators	62,174	63,677
Operations Staff	60,175	68,795
FICA	9,199	10,088
Medical	23,304	24,708
Other Operating Costs	201,995	213,432
Supplies & Materials	160,858	165,362
Food	149,320	153,501
Meal Prep/Pack	9,791	10,066
Office Supplies	1,746	1,795
Equipment	1,670	2,000
Communication	6,351	6,989
Special Programs (Books, Plays, Events)	13,700	14,000
Staff/Volunteer Support	5,623	5,780
Other Costs	13,794	19,301
Storage	4,453	7,500
Maintenance	2,822	2,901
Utilities	2,575	2,700
Movers	200	0
Data Systems	2,870	5,000
Payroll Expense	646	700
Online Giving Fee	228	350
Other	0	150
NET OPERATING SURPLUS (DEFICIT)	1,548	2,232

